



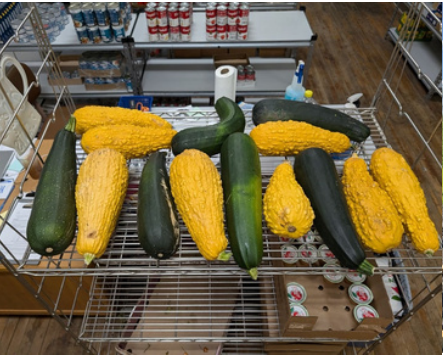
THE CARING HEART

A CARE AND SHARE OF CROOKSTON, INC. PUBLICATION



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🌻 Care and Share of Crookston Inc. – Summer Newsletter ☁️

“Planting Hope, Growing Together”

As summer wraps us in warmth and light, we're reminded once again of the beauty and promise this season brings. The air is rich with the scent of rain, the blooms burst with color, and our community garden is alive with activity, joy, and the gentle hum of transformation.

Growth from the Ground Up

Here at Care and Share, summer is more than a season, it's a time of renewal. In our garden, the journey begins with tilling the soil, loosening what was once compacted and preparing it for something new. With every seed we plant, we make a quiet declaration: we believe in the future.

Guests, volunteers, and Hope Center Families are right there with us, hand-in-hand in the dirt, laughing, learning, and nurturing life from the ground up. For many, it's their first time watching a tomato vine stretch toward the sun or feeling the satisfaction of pulling a fresh carrot from the earth. These aren't just vegetables, they're victories.

Cultivating More Than Crops

The garden is a powerful teacher. It shows us that growth takes care, patience, and consistent love. Just like our plants, people thrive when given a safe place to grow. The garden gives us a space to connect, with each other, with nature, and with the quiet miracle of nurturing something into fullness. Children learn responsibility and wonder. Guests find purpose and peace. And we, as an organization, see the fruits of our mission bloom before our eyes.

A Reflection of Our Mission

This garden is a mirror of Care and Share itself. Every initiative we launch, every person we serve, every meal we provide, it all begins with the same steps: preparing, planting, nurturing, and eventually... harvesting hope. As the seasons change, so do we. Each summer brings new challenges and new chances to grow deeper roots and reach higher. Together, we're blooming, and not just in the garden.

Come Grow With Us

We invite you to visit our garden, lend a hand, or simply enjoy the beauty of what community care can cultivate. Whether you're watering seedlings, sharing stories under the sun, or helping a child discover the magic of growing something with their own hands, your part of something meaningful.

Let's continue to bloom together.

With gratitude,

Carolina Diaz

Volunteer. Give. Grow.

Want to get involved in the garden or other summer programs?
Visit www.careandsharecrookston.org or call us at 218.281.2644.

RECOGNIZING DONORS AND VOLUNTEERS



RECOGNIZING DONORS AND VOLUNTEERS



LIVED EXPERIENCE STORY



Hi my name is Thomas I am originally from the state of Virginia. I came here for a job opportunity but life got in the way and that is how I ended up here. The Care and Share is great and I would 10/10 recommend. The staff was most helpful by willing to go the extra mile for guests. Prior to arriving at C&S I was staying under a bridge and living on the streets. I also just recently got back in contact with my parents again. Today I have met amazing people while I have been here. Well I hope my story helps anyone and I will see ya'll on the flip side.

THE CARE AND SHARE IS REQUESTING DONATIONS OF FANS & EXTENSION CORDS TO HELP ENSURE OUR GUESTS STAY COOL.

The Care and Share is looking for donations of window unit AC's if you are able please drop them off at 220 E. 3rd St. Thank you so much!!

THE CARE AND SHARE OF CROOKSTON, INC. 220 E. 3RD ST. CROOKSTON, MN 56716

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A message from the Board Chair

Embracing Abundance This June

As we welcome the warmth of summer and the brightness of June, one word naturally comes to mind: abundance. From the extended hours of sunshine to the bounty of fresh produce—and yes, even the surge of summer bugs—abundance is everywhere. At its core, abundance means having more than enough. It's a mindset, a way of seeing richness not only in material things but in the everyday moments and experiences that surround us.

When we think about those living in emergency shelters, abundance may not be the first concept that surfaces. While financial abundance is a common aspiration, there are many other meaningful, intangible forms of abundance that we all can recognize and cultivate.

Time

Relish the simple pleasure of savoring time—whether it's through enjoying a favorite treat, visiting a beloved place, or simply pausing to appreciate nature's beauty. Sharing your time through acts of service, such as volunteering, can be just as enriching.

Gratitude

Take a moment to be thankful for what you have. Focusing on your own blessings, rather than what others may possess, can shift your perspective and deepen your sense of contentment.

Opportunities

Keep an open eye for new possibilities. Our community is filled with free or low-cost events, job openings, and volunteer roles. Embracing these opportunities can lead to personal growth and new connections.

Kindness

Perhaps the most powerful form of abundance is kindness. Compassion and generosity cost nothing, yet they have the power to uplift others and transform lives.

This June, let's choose to see and share the abundance around us—in time, gratitude, opportunity, and kindness.

Thank you to those who continue to support Care and Share and we hope that you continue to do so.



Employee Recognitions



The Care and Share of Crookston, Inc.

220 E. 3rd St. Crookston, MN 56716
phone number (218) 281-2644
fax (218) 281-5795

[HTTPS://WWW.CAREANDSHARECROOKSTON.ORG](https://www.careandsharecrookston.org)

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RECEIVE, INCLUDING THROUGH THE
AMAZON WISH LIST HELP US BETTER
MEET THE NEEDS OF OUR GUESTS,
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Editor: Candace Sam