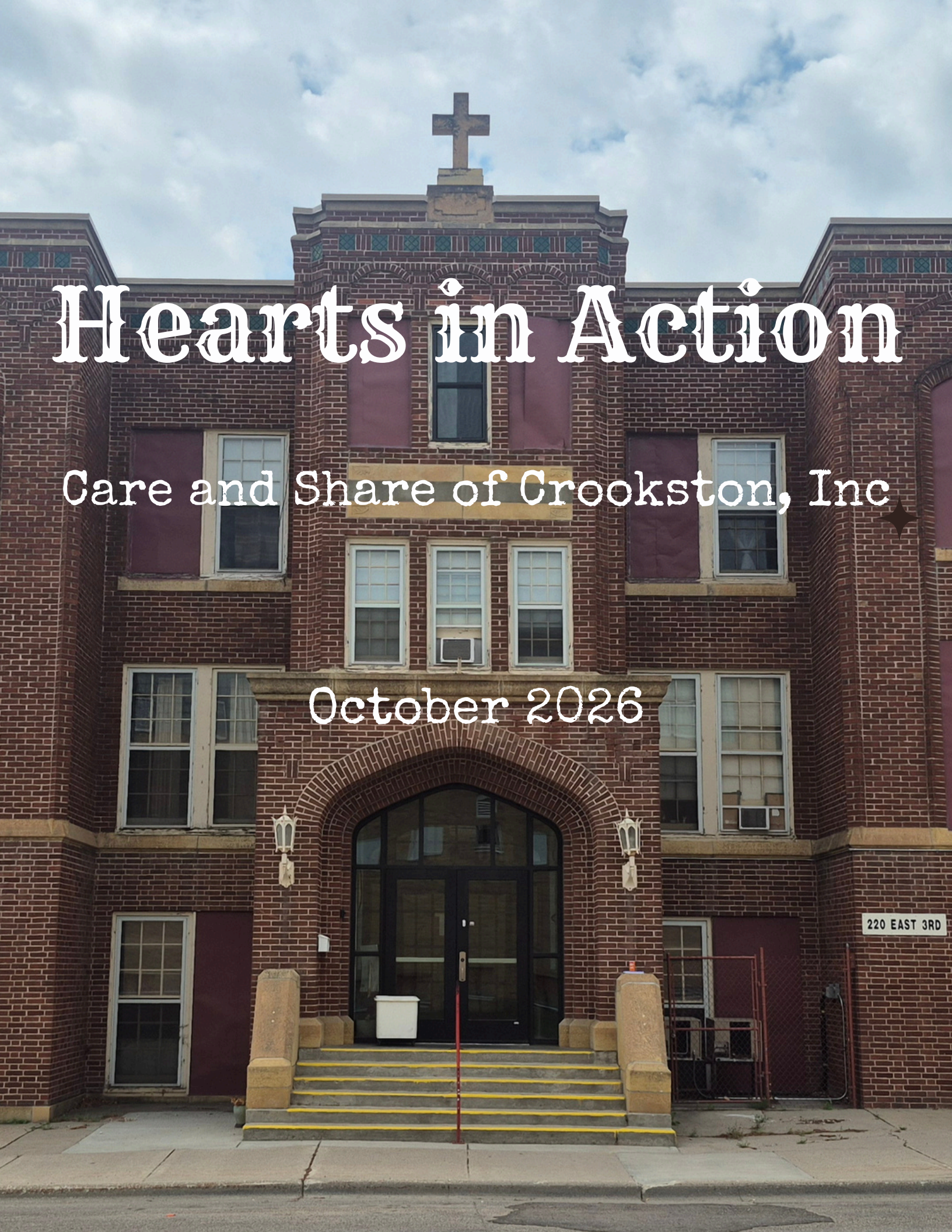




Hearts in Action

Care and Share of Crookston, Inc

October 2026

220 EAST 3RD

Executive Director's Memo

LEARNING ABOUT CARE AND SHARE **More Than a Place to Stay: Understanding** **Our Programming/Emergency Shelter**

Over the next several months, each edition of Learning About Care and Share will provide an inside look at who we are, what we do, the services we provide, and the impact our work has on our guests and our community.

What Is a Programming/Emergency Shelter?

Care and Share is a programming/emergency shelter. This means we provide individuals experiencing homelessness or a housing crisis with a safe place to stay while also providing access to programs, services, and resources that can help address their immediate needs and support their next steps.

As a programming/emergency shelter, our role goes beyond providing a place to sleep. We work to connect guests with services that can support their individual needs and help them work toward greater stability. Our programming includes access to case management, shelter advocates, an on-site nurse, on-site Narcotics Anonymous (NA) meetings, drug and alcohol assessments, meals, security, and other supportive resources.

Every guest comes to Care and Share with their own circumstances, challenges, and goals. Our programming/emergency shelter provides an opportunity for guests to access support, identify resources, and work toward their individual next steps.

Services Available at Our Programming/Emergency Shelter-

Case Management- Our Case Managers work with guests to identify needs, establish goals, connect with resources, and work toward greater stability.

Shelter Advocates- Shelter Advocates support guests throughout their stay, help them navigate available services, answer questions, and connect them with resources.

24/7 Security- Our programming/emergency shelter provides 24/7 security to help maintain a safe and secure environment for guests, staff, volunteers, and visitors.

On-Site Nurse- Our on-site nurse provides guests with access to medication education and assistance in addressing health-related concerns.

On-Site NA Meetings- Narcotics Anonymous (NA) meetings are available on-site, providing guests with access to peer support and recovery resources.

On-Site Drug and Alcohol Assessments- Our programming/emergency shelter also provides on-site drug and alcohol assessments, helping guests take steps toward identifying their needs and connecting with appropriate resources and support.

Donation Room- Our Donation Room provides essential items to individuals in need, made possible through the generosity of our community.

Soup Kitchen- Our Soup Kitchen is open 7 days a week, twice a day, providing meals to individuals in need while also creating opportunities for connection and community.

New Hope Food Shelf- The New Hope Food Shelf is open 3 days a week, helping individuals and families access food when they are experiencing food insecurity.

There Is More to the Care and Share Story!

These services are just part of what makes Care and Share a programming/emergency shelter.

Over the next several months, Learning About Care and Share will continue to highlight our programs, services, staff, partnerships, and the people who make this work possible.

Each edition will offer another look at how our programming/emergency shelter serves our guests and contributes to the broader community. Stay connected as we continue to share the story of Care and Share, one service, one program, and one community connection at a time.

We look forward to sharing more with you in the next edition of Learning About Care and Share.

With Gratitude-

Carolina Diaz



LIVED EXPERIENCE STORY

Jeff is originally from New Hampshire. When Jeff was a child, he lived with his Mom and Dad. His Dad committed suicide when he was 7 years old. Jeff's Mom met a new guy a few years later and they moved to Wyoming. When Jeff was a teenager his mom met another guy and they moved to North Dakota. In 2006 Jeff joined the Job Core in Minot and finished in 2008. He worked miscellaneous jobs trying to make ends meet. In the winter of 2021 Jeff was working at Auto Zone. He was carrying a misc parts and slipped and fell. When he fell he fell straight down onto the concrete with the parts on top of him landing on his chest. This put Jeff out of work. In 2022 Jeff found out that he has multi level degenerate disc disease (MLDDD). He still kept trying to work and make money to pay the bills. He was working for Fed Ex 6 days a week lifting, moving, and delivering 10,000-15,000 lbs of packages a day. Even then Jeff was making \$150 a week after Child support and



struggling. He was living in Grand Forks when he decided to move in with a friend in Crookston. To try and save his friend money Jeff ended up coming to the Care and Share. He is trying to get his Dr appointments and life situations under control.

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Employee Recognition

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CROOKSTON INC



Bobbie Fleming

EMPLOYEE OF
THE MONTH

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